



Friends of the Middlesex Fells Reservation

Volunteer Opportunities

Do you have a few hours to spare? Are you looking for ways to support the Fells? The Friends of the Fells is always looking for volunteers to work with us. We have two types of volunteers:

- **As Needed Volunteers** who help us out with periodic events and activities
 - **Ongoing Volunteers** who are willing to commit a bit of time and energy on a more regular basis.
- Both types of volunteers are invaluable to the Friends in its efforts to create great programming and advocate on behalf of the Fells. So if you have a bit a bit of time to spare, please consider giving us a hand!

AS NEEDED VOLUNTEERS

Are you interested in helping out the Friends, but don't want to make a long-term, ongoing commitment? Feel free to work on an occasional basis as your schedule allows. If you sign-up as an "as needed" volunteer, we'll get in touch with you when we are having an event or activity where we need help. If you have a few hours to assist us, that's great – but there's no ongoing commitment or obligation. We need individuals to help with the following on an "as needed" basis:

- **Mailing Assistance** – Individuals to assist with mailings (labeling, stamping, etc.)
- **Outreach Events & Activities** - Staffing tables to raise awareness regarding the Friends, sell merchandise (maps, t-shirts, etc.), and recruit new members and donations.
- **Trail Maintenance** – Individuals to work on trail maintenance in the Fells

ONGOING VOLUNTEERS

Are you available to work the Friends on an ongoing basis? We have a variety of opportunities available for folks who have a few hours a month to spare and want to get more involved. There is something for everyone!

- **Hike and Nature Walks** – Organize and lead (or assist) hikes, nature walks, bird watches, nature surveys, and similar activities in the Fells.
- **Trails Maintenance Leader** – Coordinate and organize trail maintenance activities
- **Advocacy** – Work on issues related to preserving and protecting the Fells
- **Event Coordination** – Coordinate and organize various events (such as Town Days, Clean-Up days, etc.)
- **Office and Clerical Assistance** – Work on clerical tasks, including data entry, answering phones, etc.
- **Mailings Management** – Organize and manage volunteers for periodic bulk mailings
- **Bookkeeping and Finances** – Work on bookkeeping and accounting, financial management and other business aspects of the Friends
- **Information systems & technology** – Work on development and technical maintenance of the Friends website, database, and other information technology needs
- **Newsletter & Calendar** – Work on various aspects of our quarterly newsletters and event calendars
- **Fundraising** – Develop and implement fundraising strategies for the Friends
- **Membership** – Develop and implement membership recruitment campaigns for the Friends
- **Education** – Support development of education program (lectures, youth programs, etc.)

***Have an interest but don't see it listed above?
We welcome additional ideas on how you can give us a hand.***



Friends of the Middlesex Fells Reservation

PO Box 478, Stoneham, MA 02180

781-662-3340 – friends@fells.org

Volunteer Sign-Up Sheet

Please fill out and mail or email

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Home phone: _____ Work phone: _____

Cell phone: _____

Email: _____ Date: _____

Please review volunteer needs on reverse, and complete the information below.

As Needed Volunteers: Please put me on the contact list to help out with the following activities on an as-needed basis as my schedule allows:

_____ Mailing Assistance

_____ Trails Maintenance

_____ Outreach Events/Activities

Ongoing Volunteers: I am interested in helping with the following activities on an ongoing basis (check all that you are interested in):

_____ Hike and Nature Walk Leader/Assistant

_____ Bookkeeping & Finances

_____ Trails Maintenance Leader

_____ Information Systems & Technology

_____ Advocacy

_____ Newsletter & Calendar

_____ Event Coordination

_____ Fundraising

_____ Office and Clerical Assistance

_____ Membership

_____ Mailings Management

_____ Education

_____ **Other volunteer interest (please specify):**